

Discovery on Adventure Island At-Home Packet



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Materials

Craft

- 🔪 Wooden Tabletop Cross Kit
- 🔪 Washable markers or crayons
- 🔪 Paper plates
- 🔪 Plastic tablecloth
- 🔪 Metallic paper
- 🔪 White card stock
- 🔪 Glue sticks
- 🔪 Ribbon
- 🔪 Hole punch
- 🔪 Scissors
- 🔪 Cross Template
(see page 5)

Science

- 🔪 A large beaker or bottle
- 🔪 Brown craft paper
- 🔪 Tape
- 🔪 3% hydrogen peroxide or 6%
hydrogen peroxide (not gel)
- 🔪 Dish soap
- 🔪 Red or orange food coloring
- 🔪 Packets of dry yeast
- 🔪 Funnel
- 🔪 Small disposable cups
- 🔪 Spoon
- 🔪 Access to warm water
- 🔪 Cookie sheet
- 🔪 Drop cloths
- 🔪 Safety glasses
- 🔪 Can of soda

Snack

- 🔪 Cake donuts
- 🔪 Mini cookies
- 🔪 Graham crackers
- 🔪 Assorted cereals (to resemble
rocks)
- 🔪 Graham cracker crumbs (to
resemble sand)
- 🔪 White and chocolate frostings
- 🔪 Green food coloring
- 🔪 2 small bowls
- 🔪 2 spoons
- 🔪 Jumbo craft sticks (for spreading)
- 🔪 Knife (teacher use only)
- 🔪 Paper plates

Bible Background

John 20:1-18

Main Idea: We can shine God's light of hope by sharing Jesus' good news with others!

The story of Jesus' resurrection from the dead is one of the most important stories in the Bible. In this passage, we get a unique glimpse at the risen Jesus through the eyes of Mary. Who was Mary? We first encounter her in Luke 8 where she was listed as one of the women who followed Jesus and supported his ministry financially. Later, it was recorded that Mary witnessed the death, burial, and resurrection of Jesus. She is sometimes mistakenly identified as a promiscuous woman who lavished attention on Jesus by anointing his feet with her tears and expensive perfume. She is sometimes mistaken for Mary of Bethany as well. While these other women have stories that are interesting in their own right, what really sets Mary apart is her interaction with Jesus after his resurrection.

After Jesus' death, Mary went to his tomb. According to other Bible passages, she and other women visited the tomb to anoint the body with spices (Mark 16:1). When she discovered that the tomb was empty, she ran to tell the disciples. Later, angels appeared to Mary asking why she was crying. Mary answered, "They have taken away my Lord, and I don't know where they've put him" (John 20:13). She then heard another voice ask, "Woman, why are you crying? Who are you looking for?" (John 20:15). Thinking the voice was that of the gardener, Mary explained that she was looking for Jesus. She said someone must have come and taken his body away. Mary still believed she was talking to the gardener. But then she heard her name spoken by a familiar voice. "Mary," Jesus said.

Mary's role as a female witness to the resurrection of Jesus has even more importance. To be an "apostle" in biblical terms simply means that one is sent from God to proclaim Jesus' resurrection based on the personal experience of seeing the risen Lord. By this definition, Mary certainly fulfills this requirement—and then some. Her personal encounter with Jesus is on par with those experienced by Peter, John, and Paul. She is sometimes called an "apostle to the apostles" because she informed her male colleagues of what she had witnessed.

As you share this story with the children at Discovery on Adventure Island, remind them of the hope found in Jesus' resurrection. This hope can be traced back to the experiences of Mary and the other apostles of Jesus. We can all be witnesses to the hope found in Jesus. As we share our hope with others, we shine God's light of hope to all.



Bible Story

Mary at the Tomb

John 20:1-18

Pathfinder

Arise! Shine with Hope

🔔 Teacher Tip

This Bible Background feature is a supplemental aid provided for you to give context for each session's story before you teach on it. **You may share this information with your Explorers, if desired, but it is not a recommended portion of the intended lesson.**

Additional Bible

Reading

- 🔔 Luke 8:1-3
- 🔔 Matthew 28:1-10

Cokesbury Craft

Wooden Tabletop Cross

Purpose

Explorers will build a cross to keep on their tabletop at home as a reminder of today's Bible story.

Preparation

Open packages, one kit per Explorer.
Write names of Explorers on their paper plates.

Directions



Step 1: Set the cross on a paper plate.



Step 2: Explorers will decorate the cross craft using the variety of craft materials.



Step 3: Secure the cross into the tabletop holder.



Bible Story

Mary at the Tomb

John 20:1-18

Pathfinder

Arise! Shine with Hope

Materials

- 🔪 **Wooden Tabletop Cross Kit**
- 🖍 Washable markers or crayons
- 📄 Paper plates
- 🧻 Plastic tablecloth

🕯 Bible Tie-in

Mary learned in today's story that Jesus rose from the dead, just like he said he would! Our hope is complete in him.

Make-It-And-Take-It Bible Craft

Shiny Cross

Purpose

Explorers will create a cross to hang in their home as a reminder of today's Bible story.

Preparation

Print out templates on card stock, one per Explorer. Cut these out. Cut metallic paper into 1" x 1" squares.

Directions



Step 1: Crinkle metallic paper squares.



Step 2: Cover card stock cross with glue. Adhere metallic paper squares over cross until completely covered.



Step 3: Trim off overhang.



Step 4: Punch a hole at the top of cross. Loop ribbon through hole and tie.



Bible Story

Mary at the Tomb

(John 20:1-18)

Pathfinder

Arise! Shine with Hope

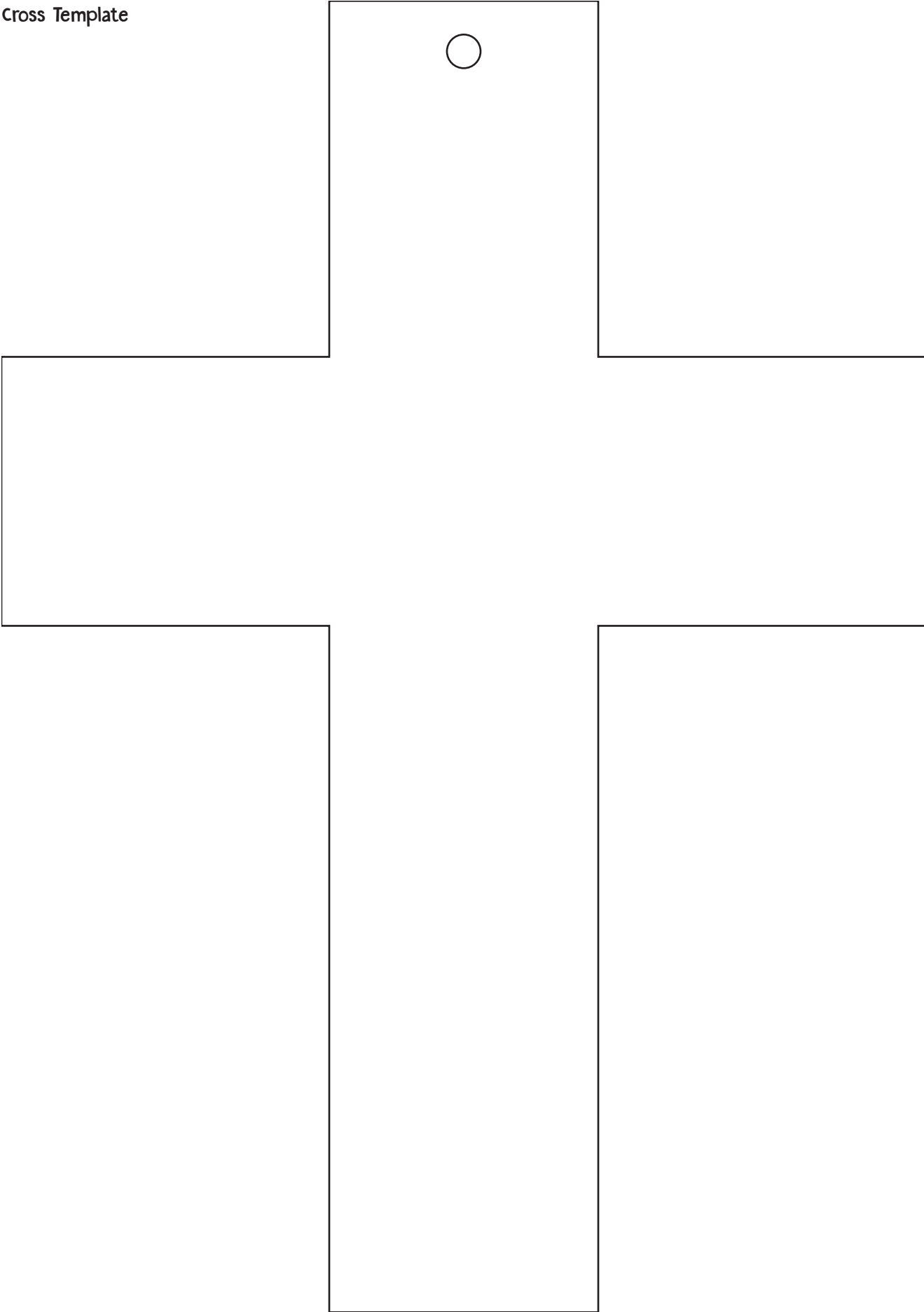
Materials

- ⊗ Metallic paper
- ⊗ White card stock
- ⊗ Glue sticks
- ⊗ Ribbon
- ⊗ Hole punch
- ⊗ Scissors
- ⊗ Cross Template
(see page 5)
- ⊗ Plastic tablecloth

Bible Tie-in

Though Jesus died on the cross, he didn't stay dead! We have hope for the future because of his resurrection.

Cross Template



Adventure Island Volcano

Discovery Experiment

I. Preparation

Wrap brown craft paper around the large beaker or bottle to form something like a volcano. Secure the paper with tape. Place the “volcano” on the cookie sheet and use drop cloths to protect the table and floors of the classroom. Place the other materials on the table.

SAY SOMETHING LIKE: **No trip to Adventure Island would be complete without a tour of the Adventure Island Volcano!**

II. Question & Hypothesis

SAY SOMETHING LIKE: **Sometimes heat will escape from volcanoes in the form of smoke.**

ASK: **What’s another way we see heat escape from a volcano?** (*An eruption*)

II. Experiment

Step 1: Show the Explorers a can of soda. Talk about what might happen if you were to shake the can. Pressure builds up inside the can. When the can is opened, the pressure is released. That’s similar to what happens with volcanoes. Our volcano will work a little differently, but will have a similar reaction. (step 1 not pictured)

Step 2: Select an Explorer to help you with the experiment. Instruct the Explorer to squirt a generous amount of dish soap into the volcano (about $\frac{1}{4}$ of a cup). Have the Explorer add a few drops of red or orange food coloring to the volcano. Add $\frac{1}{2}$ cup of hydrogen peroxide (either 3% or 6% solution) to the volcano.

Step 3: Now, have the Explorer help you pour a packet of yeast into a disposable cup. Add up to $\frac{1}{4}$ cup of warm water to the yeast. Make sure to not get the water too hot. Have the Explorer stir the yeast and water together using a spoon. Make sure the yeast is really well mixed.

Step 4: Pour the yeast into the volcano to create a chemical reaction. The yeast, hydrogen peroxide, and soap will create a foamy substance like lava. If you use the 3% solution, your volcano will have a slow reaction. The 6% solution will create a more explosive reaction.



Bible Story

Mary at the Tomb

John 20:1-18

Pathfinder

Arise! Shine with Hope

Materials

- 🔪 A large beaker or bottle
- 🔪 Brown craft paper
- 🔪 Tape
- 🔪 3% hydrogen peroxide or 6% hydrogen peroxide (not gel)
- 🔪 Dish soap
- 🔪 Red or orange food coloring
- 🔪 Packets of dry yeast
- 🔪 Funnel
- 🔪 Small disposable cups
- 🔪 Spoon
- 🔪 Access to warm water
- 🔪 Cookie sheet
- 🔪 Drop cloths
- 🔪 Safety glasses
- 🔪 Can of soda

🔪 Teacher Tip

Don't use gel peroxide. Also, the 6% hydrogen peroxide will create a bigger reaction than the 3% solution. Be prepared for a larger mess using the 6% solution.

V. Analyze & Apply

ASK: What were you expecting the eruption to be like? Was the eruption kind of what you expected, or was it different than what you expected?

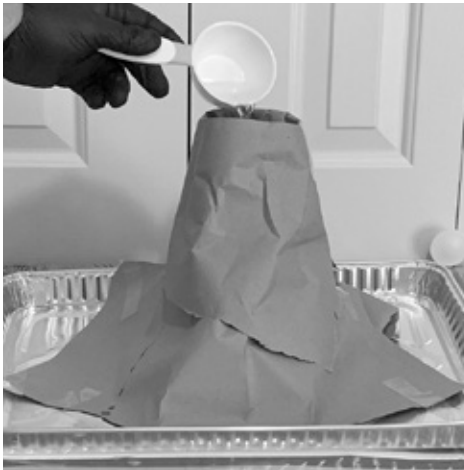
Have the Explorers take a moment to think about their experience of the experiment.

SAY SOMETHING LIKE: Our Bible story today tells us about the resurrection of Jesus from the dead. That word “resurrection” is a big word.

ASK: What do you think the word “resurrection” means?

SAY SOMETHING LIKE: The word resurrection means that something rises again. A resurrection from the dead is very surprising and not what you would expect! Through Jesus’ resurrection, God shined the Light of Hope. We can shine God’s Light of Hope with others, too.

Step 2



Step 3



Step 4



Empty Tomb Snack

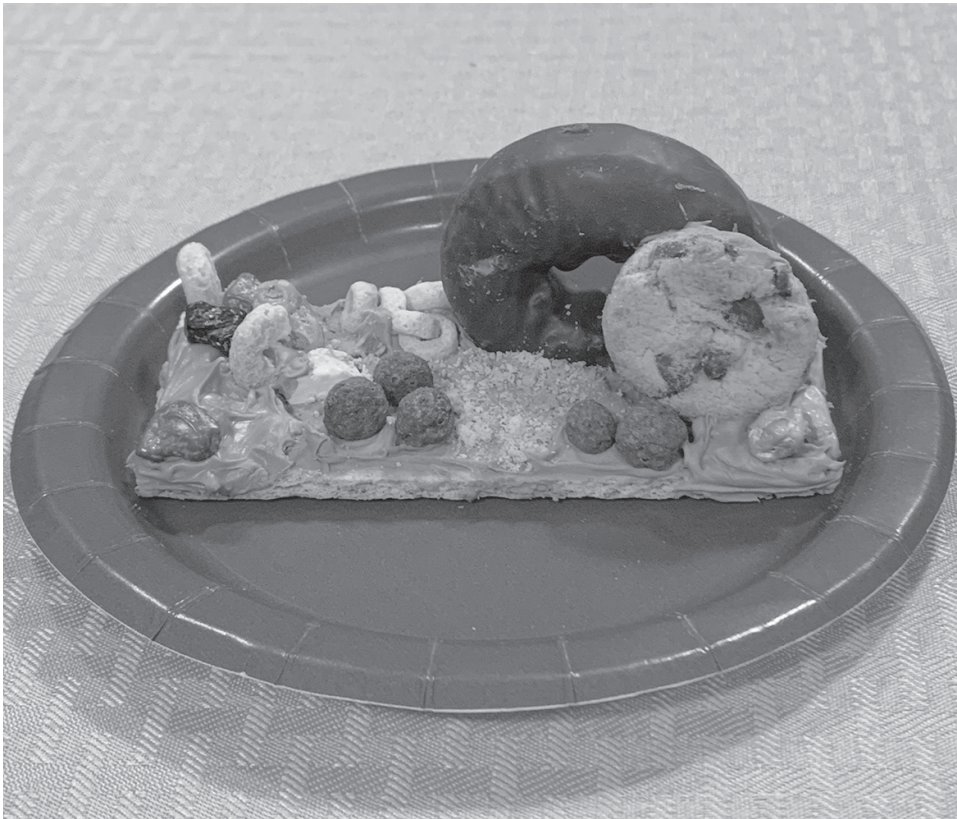
Bible Story Snack

Ingredients

- 🌀 Cake donuts
- 🌀 Mini cookies
- 🌀 Chocolate rocks
- 🌀 Graham crackers
- 🌀 Assorted cereals (to resemble rocks)
- 🌀 Graham cracker crumbs (to resemble sand)
- 🌀 White and chocolate frostings
- 🌀 Green food coloring

Directions

- 🌀 Combine two frostings to make a tan color. Mix white frosting and green food coloring.
- 🌀 Ice the graham cracker with parts green for grass and parts tan for sand.
- 🌀 Use knife to trim the bottom of donut so it stands flat.
- 🌀 Place donut on top of graham cracker.
- 🌀 Place mini cookie in front of donut to be the rolled away stone.
- 🌀 Place chocolate rocks and cereal around graham cracker to represent boulders and rocks.
- 🌀 Sprinkle graham cracker crumbs to look like sand.



Bible Story

Mary at the Tomb

John 20:1-18

Pathfinder

Arise! Shine with Hope!

Materials

- 🌀 2 small bowls
- 🌀 2 spoons
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- 🌀 Knife (teacher use only)
- 🌀 Paper plates

Self-Learning

Younger Explorers

First and second graders complete the **Younger Elementary Reproducible** on page 11.

As Explorers are completing the self-learning activities, discuss the following questions.

- 🕒 **How many disciples went to the tomb after Mary told them it was empty? (two)**
- 🕒 **What/Who did Mary find in the tomb when she went in after the two disciples left? (angels)**
- 🕒 **Who did Mary think Jesus was when she first saw him? (the gardener)**

Mary saw angels who told her Jesus was alive. And then, she saw Jesus so she knew it was true. With such good and true news, Mary had hope and she went to share it with others. We can follow Mary's example and shine God's light of hope by also sharing the Good News about Jesus. So, we can rise and shine with hope like Mary and so many others.

And speaking of rising and shining, who can say our **Signal Verse with me?** (*"Arise! Shine! Your light has come; the LORD's glory has shone upon you!" Isaiah 60:1*)

Sometimes, we might not be sure how to share the Good News of Jesus. The truth about Jesus is how God has shown God's love for us. We can start sharing the good and hope-filled news about Jesus by loving others the way Jesus does. People who do that truly shine God's light of hope in our world!

Older Explorers

Third through sixth graders complete the **Older Elementary Reproducible** on page 12.

As Explorers are completing the self-learning activities, discuss the following questions.

- 🕒 **Who all went to the tomb in this story? (Mary, Peter, another disciple)**
- 🕒 **Before she saw the angels, what did Mary believe had happened to Jesus? (his body was taken away.)**
- 🕒 **What do you think you would do or think if you saw an angel at a tomb? (Allow Explorers to respond.) Why? (Allow Explorers to respond.)**
- 🕒 **What would you think if you were a disciple when Mary came and told them that Jesus was alive? (Allow Explorers to respond.)**

Mary saw angels who told her Jesus was alive. And then, she saw Jesus so she knew it was true. With such good and true news, Mary had hope and she went to share it with others. We can follow Mary's example and shine God's light of hope by also sharing the Good News about Jesus. So, we can rise and shine with hope like Mary and so many others.

And speaking of rising and shining, who can say our **Signal Verse with me?** (*"Arise! Shine! Your light has come; the LORD's glory has shone upon you!" Isaiah 60:1*)

Sometimes, we might not be sure how to share the Good News of Jesus. The truth about Jesus is how God has shown God's love for us. We can start sharing the good and hope-filled news about Jesus by loving others the way Jesus does. People who do that truly shine God's light of hope in our world!

Closing Prayer

Alive!

Our closing will help us take the light of hope we each carry in our hearts and let it shine for the world to see. I will say a part, and you will respond with “Hallelujah!”

Hallelujah means “Praise God” in Hebrew.

And as you say it, jump in the air as you’re able. Let’s practice.

Lead the children to jump and shout “Hallelujah!”

Great! Let us pray.

Storyteller: **Christ is alive!**

All: **Hallelujah!**

Storyteller: **Love is alive!**

All: **Hallelujah!**

Storyteller: **Hope is alive!**

All: **Hallelujah!**

Storyteller: **We are alive!**

All: **Hallelujah! Amen!**



Bible Story

Mary at the Tomb

John 20:1-18

Pathfinder

Arise! Shine with Hope

Bible
Story

Mary at the Tomb (John 20:1-18)

Use a crayon to circle fifteen differences between the two pictures.



OLDER ELEMENTARY FUN PAGES

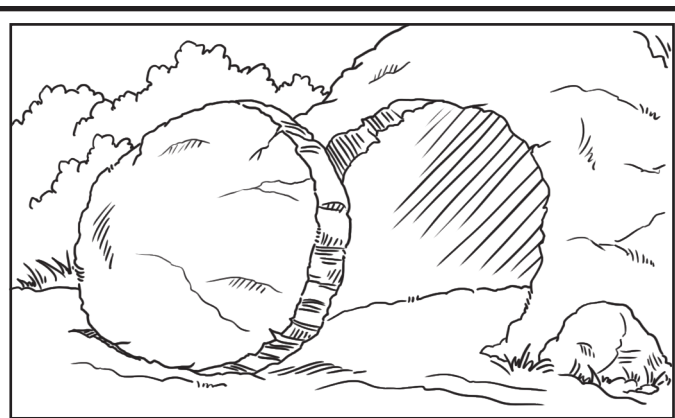
Bible Story

Mary at the Tomb (John 20:1-18)

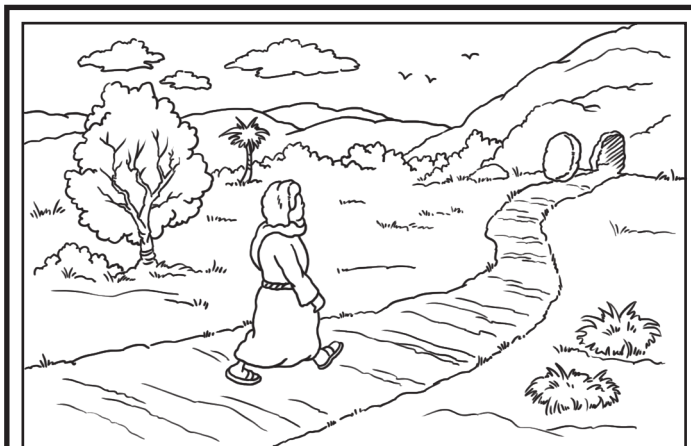
Color and cut out the story panels below and glue them onto a separate page in the order they happened in our Bible story. If you like, you can save your page and add it to the others you will make this week to complete your journal of your Quest for God's Great Light.



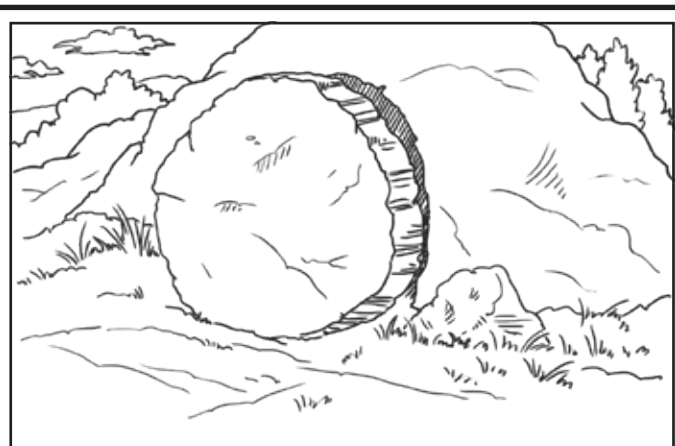
Peter and John ran to the tomb. They looked inside and saw that the tomb was empty. The two men didn't understand what had happened. They left the tomb and went back to where they were staying.



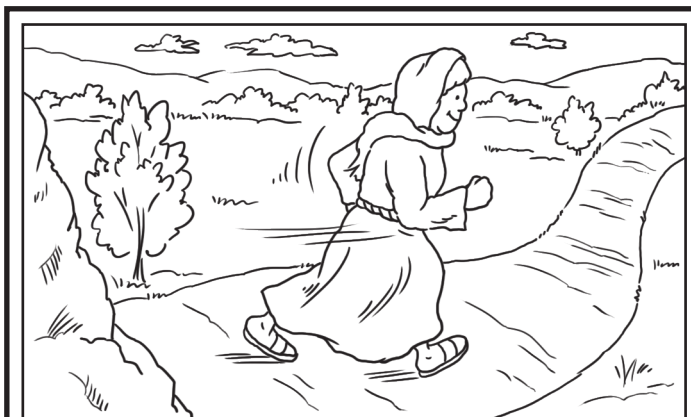
But when Mary got to the tomb, the large stone had been rolled away. The tomb was empty. Mary ran to tell Peter and John, "They have taken Jesus from the tomb. I don't know where he is."



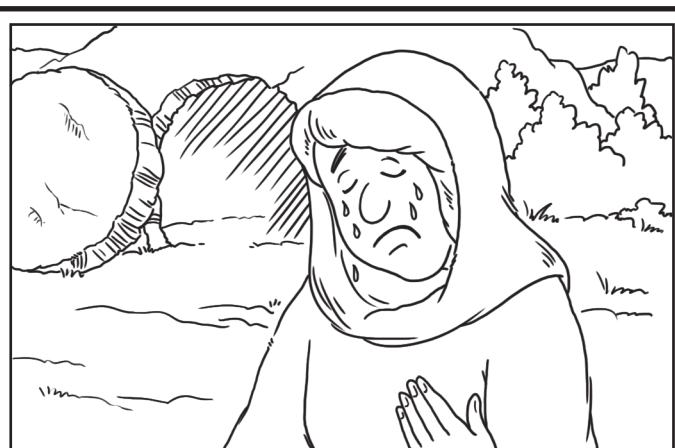
Mary decided to go to the tomb. It was early in the morning and Mary was all alone. She walked slowly through the garden to the tomb.



Mary felt hopeless. Her friend Jesus was dead. His body was buried inside a tomb. A large stone had been rolled in front of the tomb's opening.



Then Mary turned and saw a man standing nearby. She thought he was the gardener, but it was Jesus! Jesus was alive! Mary ran to tell her friends, "I have seen the Lord!"



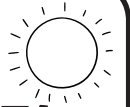
Mary stayed at the tomb, crying. Suddenly, she saw two angels. "Why are you crying?" said the angels. "My friend Jesus is gone," answered Mary.

SESSION
5



Take-Home Page

Pathfinder



Arise! Shine with HOPE!

Bible Story

Mary at the Tomb (John 20:1-18)

Not everyone liked Jesus' teachings, and some people had Jesus arrested and sentenced him to die on a cross. On the third day after Jesus' death, one of Jesus' friends, Mary, went to visit his tomb. When she arrived at the tomb, however, she saw that the stone that covered the tomb had been moved away! She ran to tell some of Jesus' disciples, and they came and saw the open tomb. They looked for Jesus' body, but it wasn't there. The disciples left, but Mary stayed at the tomb, upset. She saw two angels, who asked why she was crying. Mary told them that she was looking for Jesus but he wasn't there. She turned around and saw a man who she thought was the tomb's gardener. Only it wasn't a gardener—it was Jesus! Jesus asked Mary why she was crying, and she told him. He said her name, "Mary," and immediately she recognized him. Then Jesus sent Mary to tell the other disciples. Mary left the tomb to share a new hope with Jesus' followers!

Family Follow-Up



Let's think of some ways God's light of hope sets us free and helps us share Jesus' good news with others.

Signal Verse

**Arise! Shine! Your light has come;
the LORD's glory has shone upon
you! (Isaiah 60:1)**



I am an Adventure Island Explorer and I know how to arise and shine God's light! Today I heard how I can arise and shine with hope. We have loved having you at VBS! Look forward to seeing you again at Sunday School and church!



